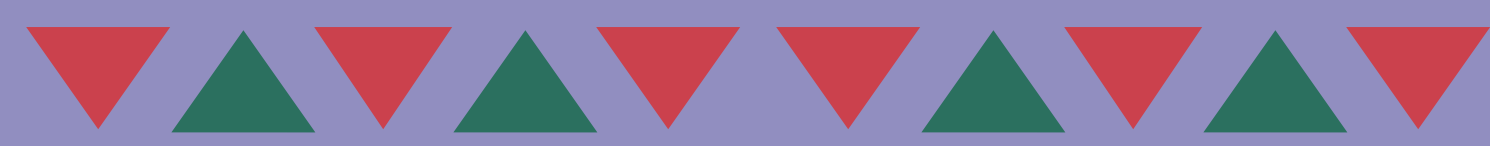
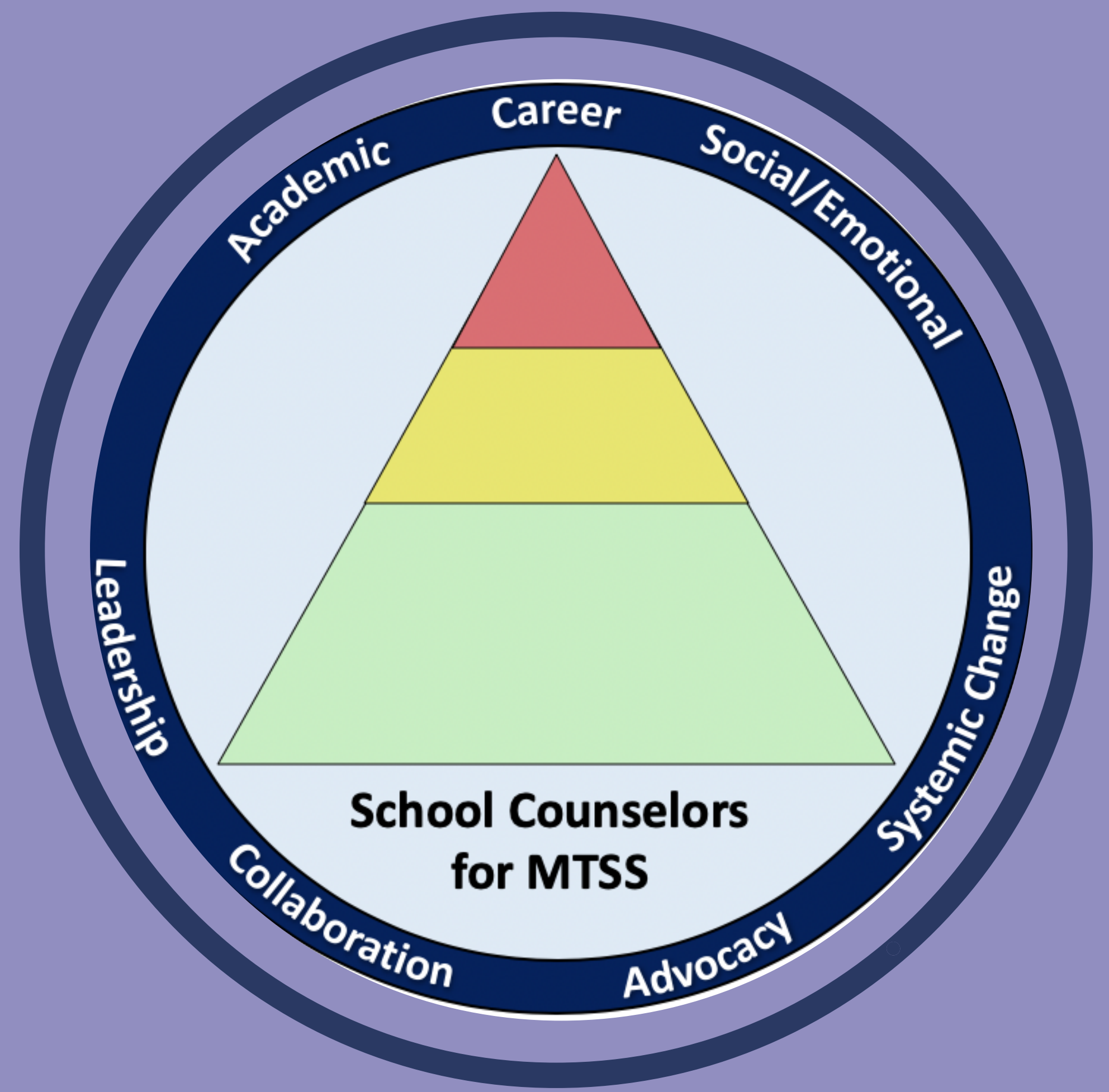


# School Counselors for MTSS

## ADDRESSING GRIEF WITH MTSS IN MIND



### COVID-19 RESOURCES



During this time of uncertainty and on-line learning, how do we effectively and systemically support all students in the event of a loss?

### TIER 1

## WHAT ARE WE DOING FOR ALL STUDENTS?

1. TEACHING HEALTHY COPING STRATEGIES; SAFE WAYS TO GRIEVE
2. PROMOTING REGULAR CONTACT WITH CARING ADULTS TO DISCUSS LOSS
3. MAINTAINING CLEAR AND CONSISTENT COMMUNICATION
4. FACILITATING THE GRIEVING AND HEALING PROCESS

### TIER 2

## WHAT ARE WE DOING FOR SOME STUDENTS?

1. CONDUCTING SMALL GROUP CHECK INS
2. FACILITATING PSYCHOEDUCATION ABOUT GRIEF TO TARGETED GROUPS
3. PROVIDING REGULAR SUPPORT TO EDUCATORS
4. TEACHING STAFF ABOUT COMPLEX GRIEF

### TIER 3

## WHAT ARE WE DOING FOR A FEW STUDENTS?

1. PROVIDING 1:1 GRIEF COUNSELING
2. FACILITATING FAMILY SUPPORT
3. MAKING REFERRALS TO OUTSIDE AGENCIES
4. HONORING THOSE WE HAVE LOST

## HELPFUL RESOURCES:

1. CENTER FOR SCHOOL CRISIS AND BEREAVEMENT [HTTPS://WWW.SCHOOLCRISISCENTER.ORG](https://www.schoolcrisiscenter.org)
2. COUNSELOR ETHICS IN DISASTER RELIEF [HTTPS://WWW.COUNSELING.ORG/DOCS/DEFAULT-SOURCE/ETHICS/ETHICS-COLUMNS/ETHICS\\_JANUARY\\_2018\\_DISASTER-MENTAL-HEALTH.PDF?SFVRSN=BA25522C\\_4](https://www.counseling.org/docs/default-source/ethics/ethics-columns/ethics_january_2018_disaster-mental-health.pdf?sfvrsn=ba25522c_4)
3. WHATISYOURGRIEF.COM [HTTPS://WHATISYOURGRIEF.COM/](https://whatsyourgrief.com/)
4. TRAILS TO WELLNESS [HTTPS://TRAILSTOWELLNESS.ORG/](https://trailstowellness.org/)

